

Yorkshire & the Humber







# DOMESTIC VIOLENCE SERVICES DIRECTORY FOR YORKSHIRE & THE HUMBER



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Every week, another two women escape domestic violence.

# INTRODUCTION FROM THE YORKSHIRE & THE HUMBER TUC

Domestic violence is a prevalent crime. Many workplaces employ someone who has experienced it directly or indirectly.

Domestic violence is a widespread but invisible crime. The facts about domestic violence are stark

- Domestic Violence and abuse can affect anyone, regardless of ethnicity, gender, religion, sexuality, age, class, ability or lifestyle
- One woman in four will experience domestic violence in their lifetime and between 6-10% of women suffer domestic violence in any given year
- The 2001/2 British Crime Survey (BCS) found that there were an estimated 635,000 reported incidents of domestic violence in England and Wales 81% of the victims were women and 19% were men
- Two women a week are killed by domestic violence
- Less than half of all domestic violence incidents are reported to the Police
- Domestic Violence and Abuse can be physical, sexual, psychological, emotional and financial....it can be any or all of these things
- Children and young people are often caught up in households where domestic violence and abuse occurs
- In 80% of cases children are in the same or next room

The incidents of Domestic Violence are steadily rising, and have increased well above the national average in the Yorkshire and the Humber region, with Doncaster having the highest increase in the UK at 116%.

To this end, the Executive Committee of the Yorkshire and the Humber TUC has charged the Women's Forum with producing a 2013 directory of agencies within our region, where people can find help. This directory is specifically intended for the use of trade union representatives, as a tool for when they are approached by members suffering from abuse.

# DEFINITION OF DOMESTIC VIOLENCE

- Threatening behaviour violence and/or abuse
- Emotional abuse aggressive, belittleing and/or humiliating language
- Sexual abuse sexual violation
- Financial restraints being forced to rely upon a partner for money
- Psychological and emotional intimidation controlling where you go or the friends you have

One in three women is beaten, coerced into sex or otherwise abused by an intimate partner in the course of her lifetime and half of all women who are murdered are killed by their current or former husbands/partners. Also, one in ten men are affected by domestic abuse and violence.

Domestic abuse can happen between couples, parents and their children, siblings or any other relations or people who live together.

For further help and assistance with domestic abuse, please contact the 24-hour National Domestic Violence Freephone Helpline: 0808 2000 247.

Or visit their website at: www.nationaldomesticviolencehelpline.org.uk

### Apna Haq

Apna Haq provides confidential, one to one support for Asian women and their children who are experiencing violence in the home.

#### **Support Activities**

Apna Haq is involved in inter-agency case working allowing them to help Asian women via social services, the police and other agencies as well as being sought out by these agencies to help Asian women in distress.

They are therefore able to provide support and information regarding the following services:

- Housing
- Police
- Solicitors
- Refuge
- Benefits
- NHS
- School & education
- Courts

Apna Haq works with voluntary and statutory agencies to raise awareness of issues facing Asian women so these agencies may

- take these specific issues into consideration
- respond appropriately
- gain an understanding and awareness of specific issues facing Asian women suffering from violence
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#### **Community Action**

Apna Haq works within the Asian community to educate on domestic violence and raise awareness of the effects of domestic violence on both women and children within the community and the community itself.

#### **Organising Training Opportunities**

By organising training opportunities, Apna Haq enables Asian women to gain the skills, experience and confidence to create an 'Asian women's voice' within Rotherham so that Asian women can

- raise their own views
- speak out on topics that concern or affect them
- become aware of issues and the effect of these issues on themselves
- be involved in groups where they can develop strategies to improve matters both within their own lives and the wider community

#### **Volunteering Opportunities**

Apna Haq can also arrange volunteer training packages and volunteer recruitment. Please contact them for more information.

### **NO RECOURSE**

Apna Haq also provides assistance with women who are affected by No Recourse.

If a woman comes to the UK on a Spouse Visa, she becomes dependent on her husband for her right to remain in the UK. She is also reliant on her husband as her `sponsor' to apply within 2 years for her own right to remain. At this time she has 'no recourse to public funds', she is completely financially dependent on him.

If the woman is subjected to domestic violence, she can be trapped in a very dangerous situation with all the resulting impact for herself and her children.

In addition to violence and abuse, a woman will often face isolation, language barriers, no access to information, no independent funds, no family other than her husband's relatives and often no friends. Many women live in fear, thinking they have nowhere to go for help. If they return to their country of origin, they face leaving their children and may fear persecution and the stigma of a failed marriage.

#### **Contact Details**

- Tel: 01709 519212 or 01709 519211
- E-mail: apnahaq@tiscali.co.uk
- Web: http://www.apna-haq.co.uk/supportoffer.html

Apna Haq Addressing the imbalance, working towards justice.





# Ashiana Sheffield

#### Specialist Support for BME Women (+ trafficking) - outreach and refuge

Ashiana has over thirty years' experience of working with Black, Asian, Minority Ethnic and Refugee (BAMER) adults, children and young people arriving in Sheffield from all over the country and recently arrived from all over the world, fleeing domestic and sexual abuse within a range of multiple perpetrator systems such as forced marriage, human trafficking, gang violence and 'honour'-based violence. They have a vast body of experience of supporting victims suffering the effects of recent and lifelong trauma, from widely different religious, linguistic and geographical communities and experiences and confronted with sharing intimate living spaces at points of crisis and potential breakdown in their lives. Ashiana provides accommodation for BAMER women and children experiencing domestic abuse and those trafficked for the purposes of sexual exploitation and domestic abuse. They also support male and female vicitms of human trafficking in the UK on an outreach basis.

Ashiana offers confidential and culturally specific advice, support and information to their clients.

Although based in Sheffield Ahiana provides support for BAMER women and children in England, Wales and Scotland. If you require any advice, or support please contact them through their helpline or by email. Translation services are available on the website.

#### **Contact Details**

Tel: 0114 255 5740 – 24 hour helpline

Email: info@ashianasheffield.org

Web: http://www.ashianasheffield.org







# Barnsley Domestic Violence Group (Pathways)

Services for Women and Men

33 – 35 Peel Parade Barnsley S70 2RN

An independent counsellor carries out the home visits.

Waiting time for counselling - 2 weeks upwards (depending on the client and counsellors' other commitments)



This service offers counselling to children/young people 15 years upwards.

Children/young people under the age of 15 years would be referred by this service to other agencies ie Social Services, CAMHS etc

#### **Contact Details**

Tel: 01226 249800

#### Email: admin@barnsleydvg.fshnet.co.uk

Emails will be responded to within 3 working day.

Opening Times: Mon and Thurs 9am-4pm Tues – Weds 9am-9pm

#### Urgent Response - contact the 24 hour helpline

### 0808 20000247

#### **Counselling:**

Tel: 01226 731812

#### Web: www.barnsleydvg.org.uk



# Barnsley Sexual Abuse & Rape Crisis Helpline(BSARCH)

#### **BSARCH provides:**

Listening, support, information and signposting over their helpline for anyone whose life has been affected by sexual violence, including anyone living with, caring for or working with a survivor.

Face-to-face counselling for women aged 16+ who've experienced any form of sexual violence at any time in their lives.

An Independent Sexual Violence Advisor, offering practical support, advocacy and outreach to women who've experienced sexual violence.

Talks, presentations and training workshops for other agencies and professionals.

A female only staff team, individual counselling rooms for women and women only group work.

Fully-accessible, purpose-built voluntary sector premises with disabled toilet and kitchen facilities. Annual volunteer recruitment, training and induction (training course currently undergoing accreditation process). Support groups coming soon. Newly-redeveloped website.

Training in Confidence Building as well as specialist training in sexual violence to staff in external organisations.

Contact   Helpline: Helpline op	01226 298560	
Tel: Office		01226 320140
Independent Sexual Violence Advisory		01226 208666
Email:	infor@bsarch.org	
Web:	http://www.bsarch.org	
Address: The Core County Way Barnsley South Yorkshire S70 2JW		

### **Behind Closed Doors**

Behind Closed Doors works in partnership with Leeds Women's Aid and Leeds Domestic Violence Service to deliver outreach support to men and women in Leeds who have experienced or are experiencing domestic violence.



#### **Bradford, Leeds and North Yorks**

Behind Closed Doors provides support to people

whose lives have been affected by domestic abuse and delivers support to enable people who have experienced domestic abuse to make informed choices about their futures, improve their quality of life and leave the abuse behind.

#### **Preventative Proactive Service (PPS)**

Behind Closed Doors has established a new women's volunteer-led Preventative, Pro-Active Service (PPS) in Leeds to offer direct support to women who have, or are, experiencing domestic abuse and who are assessed as being at low to medium risk.

### **Contact Details**

**General Enquiries at Behind Closed Doors:** 

Tel: 0113 222 4562

Write: PO Box 275, Leeds LS19 9BN

Leeds Domestic Violence Service (LDVS): 0113 246 0401





### Black Women's Support Project

#### **Refuge & Outreach**

Provides safe, temporary supported accommodation for BME women with children fleeing domestic violence/family abuse. Manningham Housing Association responds to black and Asian women and their children whose lives have been affected by violence and abuse within the home/family environment through the services offered by their supported housing project, the Black Women Support Project. This is done in an enabling and empowering manner so that the women can make informed choices and have access to relevant and appropriate services as required.



The refuge is based in the Bradford area operating as part of Manningham Housing Association. The Black Women Support Project (BWSP) is the only project in Bradford that can cater for large families.

There is a 24-hour staff presence everyday at the main refuge, whilst assistance and support arrangements exist for residents in the dispersed scheme on a rota basis. The addresses are confidential and security is reinforced through the use of controlled electronic access and CCTV. Residents and their children have maximum privacy in their self-contained flats with adequate bedrooms.

At the Black Women Support Project, they are committed to culturally-sensitive services.

The services they provide include:

- 1. Safe emergency temporary accommodation with support services for women with children, facing difficult, critical or life-threatening situations
- 2. Resettlement support for residents, once they are ready to move-on into permanent independent housing
- 3. Outreach support for women with children who choose not to leave their homes or have already left the abusive environment but did not come through our supported housing project, and are vulnerable or isolated and at risk.
- 4. Support for children through play therapy and individual support.
- 5. Support for those who remain in their home: Black and Asian women and children who choose not to or cannot leave the abusive environment are also entitled to support.

#### **Contact Details**

#### Tel: 01274 77 11 44

#### Web: http://www.manninghamhousing.co.uk/BWSP.asp

### Bradford Rape Crisis and Sexual Abuse Survivors Service (BRC&SASS)



They support women and girls who have experienced rape and other sexual abuse at any point in their lives, yesterday or years ago, as an adult or a child. Their range of services include a Help Line; free confidential counselling, advocacy and support; Jyoti specialist services for Black, Asian and Minority Ethnic women and girls; counselling service in a GP practice for women refugees/asylum seekers; drop-in for women currently selling sex and a counselling service in HMP New Hall women's prison.

They have several leaflets available to download from the website

#### www.rapecrisis.org.uk

We know that your life can be completely disrupted by being raped or sexually abused, however long ago it happened. You don't have to cope on your own. If you want to talk to someone in confidence, give us a call. We do not tell you what to do, or judge your actions in any way. Our aim is to help you regain control over your own life.

No man under any circumstances has the right to rape you – even if he is your husband, boyfriend, father or relative.

If you have been raped or sexually abused and need information, help or simply another woman to talk to, please ring us.

Our premises are in the centre of Bradford and are accessible to women who use wheelchairs.

#### **Contact Details**

- Text: 07435 752975
- Email: contactus@brcg.org.uk





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### Bradford Women's Aid

Registered Charity No. 1099351

Bradford Women's Aid's aim is to provide safe, secure refuge accommodation, support and assistance for women and children experiencing domestic abuse. They offer services which



include refuge, on call service, outreach, resettlement, children's services and volunteering.

Bradford Women's Aid respects differences between women and will not tolerate discrimination on any grounds from employees or service users.

A member of the Women's Aid Federation of England, a national organisation which promotes the protection of women and children experiencing domestic abuse, Bradford Women's Aid is run for women by women.

- Are you being threatened or hurt by your partner?
- Are you not allowed to leave the house when you want to?
- Does someone you live with constantly criticise and humiliate you?
- Do you have little or no control over financial matters?

### This is domestic abuse and you are not to blame.



Women's Aid is the national domestic violence charity that helps over 320,000 women and children every year.

They celebrated their 30th Birthday in 2004. They work to end violence against women and children, and co-ordinate and support over 500 domestic and sexual violence services across the country.

They recognise that women and children have a right to live their lives free from all forms of violence and abuse, and society has a duty to recognise and defend this right.

Domestic violence is a violation of women and children's human rights. It's the result of an abuse of power and control, and is rooted in the historical status of women in the family and in society

#### **Contact Details**

Tel: 01274 666241 (outreach) 01274 660052 (refuge)



### Burngreave Domestic Abuse Project

#### (Sheffield)



Burngreave Domestic Abuse Project is an independent, community-based support service, providing practical and emotional support to women who are affected by domestic abuse. They specialise in supporting Black, Asian, Minority Ethnic and Refugee women city-wide, but support all women in their local area

Their support includes a helpline service; advice and information; advocacy and outreach signposting and help to access other services as well as safety planning to flee domestic abuse and resettlement support. They can also sometimes accompany women to appointments, for example: solicitors, housing, police stations to report abuse.

Burngreave Domestic Abuse Project provides publicity, advice and information and joint working, wherever possible, to outside agencies supporting BAMER women affected by domestic abuse.

Their helpline is open between 10am and 3pm Monday to Friday. Women can access support by self referral on the helpline and outside agencies can also refer women for support.

Languages: Punjabi, Urdu, other languages by arrangement

**Their aim:** To provide a confidential practical and emotional support service to women, to empower and enable them to make informed and positive choices.

#### They offer:

- long term holistic support
- advocacy work, resettlement support
- and sign posting to other services.

#### Contact Details: Helpline: 0114 272 6021

E-mail: bdaproject@tiscali.co.uk

Address: PO Box 3574, Sheffield, S3 9WX



### Calderdale Women's Refuge

#### **Objective:**

To provide temporary accommodation to families (women and children) fleeing domestic violence

#### **Details:**

No. of units: 10 Referral: Self-Referral Non Statutory Agencies (i.e. Age Concern, Citizen's Advice Bureau) Housing Health Social Services

Admission: Clients are unsafe in their normal accommodation through physical, sexual or mental abuse from a known person

#### **Exclusions:**

Couples Women with dependent males over a specific age







#### **Contact details**

Tel: 01422 351498 Web: <u>www.homegroup.org.uk</u> or <u>www.womensaid.org.uk</u> Address: PO Box 66 Halifax HX1 2LD

# **Disability Issues**

**DIAL UK** refers callers to their local service, which can offer information on a wide range of disability issues for people with disabilities, their carers and professionals.

#### **Contact Details:**

Helpline:01302 310 123 Monday to Thursday 9am- 5pm, Friday 9am-4pmEmail:enquiries@DIALuk.org.ukWeb:www.dialuk.org.uk

**UK Disability Forum Website** gives information for disabled women about getting help to tackle violence and abuse, as well as information

#### Contact Details: Web: www.edfwomen.org.uk/abuse.htm

**Disability Alliance** has had to close their helpline due to lack of funding. It is the leading authority on social security benefits for disabled people, and the website contained regularly updated information about benefits, tax credits and community care.

#### Contact Details: Web: www.disabilityalliance.org.

**RNIB Helpline:** information and support for anyone with visual impairment and sight problems.

#### **Contact Details:**

Tel.0845 766 9000Monday to Friday 9am-5pmEmail:helpline@rnib.org.ukWeb:www.rnib.org.uk

**RNID Helpline:** Information service for deaf and hard of hearing people, their carers, families and professionals.

#### **Contact Details:**

Tel.0808 808 0123Monday to Friday 9am-5pmEmail:informationline@rnid.org.ukWeb:www.rnid.org.uk

#### Women's Aid

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# Domestic Abuse Floating Support Service (DAFSS)

Action Against Domestic Abuse in all Forms (ADAF): Domestic Abuse Floating Support Service



ADAF aims to prevent people from becoming homeless because of domestic abuse. They provide tenancy support to people who are affected by domestic abuse and need help to manage and maintain their own accommodation. The service is available to women and men in Sheffield (age 18+) who have either left abusive relationships or are still with the perpetrator. People can self-refer or any workers can make referrals on people's behalf.

ADAF can help you to:

- stay safe in your home (including getting extra security)
- prevent eviction, get somewhere permanent to live and possibly move home
- settle in a new area (find schools, doctors and other services you need)
- apply for grants and get furniture
- get injunctions, deal with child contact arrangements and support you emotionally at court
- help you rebuild your confidence and self-esteem and think about your future (including training and work opportunities)

ADAF is a service within Action Housing and is funded by a Sheffield City Council 'Supporting People' grant.

#### **Contact Details**

Tel0114 296 0222 (DAFSS)0114 270 6999 (ADAF)Emaildafss@sdaf.org.ukWebsitewww.sdaf.org.uk







### Domestic Violence Services Keighley

Domestic Violence Services (Keighley) is a registered charity providing long term support services for women and children who have or are currently suffering from domestic abuse. Their service covers the Airedale & Bradford North Police Division.

#### DVS (Keighley) currently offers the following services:-

- Women's Support offering practical & emotional support to aid recovery. They will also liaise or accompany clients to other organisations to assist with Housing, Benefits, General advice, Immigration & Safety.
- IDVA (Independent Domestic Violence Advocate) who is attached to the Specialist Domestic Violence Court – offering support to women going through the civil/criminal justice system by accompaniment to solicitors & court. Intervention and advocacy with high risk cases through MARAC (Multi Agency Risk Assessment Conferences)
- Worth offering a self referral programme for male perpetrators of domestic violence which provides opportunities for changes in behaviour as well as offering support to partners & children.
- Children's Service offering group work or One to One support focusing on Recovery, Prevention & Personal Safety.
- Volunteer Programme offering support groups run by women for survivors of domestic abuse focusing on women regaining their Self confidence & Self Esteem.

#### **Contact Details**

Tel: 01535 210999

Address: Domestic Violence Services (Keighley) PO Box 79 Keighley BD21 2UD

- Help for Children Email: children@keighleydvs.org
- Help for Women Email: outreach@keighleydvs.org
- Help for Men Email: worth@keighleydvs.org

Any other enquiries please email: finance@keighleydvs.org

If your safety is at risk and you need help immediately dial 999.







### Domestic Violence Support Team Calderdale

Open: Monday to Thursday, 9.00am - 5.00pm

If you think you might be suffering from domestic abuse or know someone who is, contact any of the Domestic Violence Services in confidence to receive non judgmental support, advice and information.

To find out more about specific services follow the contact details below or obtain further information from the website.

#### Web: http://www.womencentre.org.uk/womens\_support.php

#### **Calderdale Women's Support Service**

The Calderdale Women's Support Service based in the Domestic Violence Support . The team offers information, support, and safety planning advice to women affected by Domestic Violence.



#### <u>Contact Details</u> Tel: 01422 323 339

#### Email: dvss@womencentre.org.uk

#### The Children and Young People's Domestic Violence Service (C&YPDVS)



The Children and Young People's Domestic Violence ServiceTeam works with children and young people aged 5 to 19 years, who are affected by domestic violence.

Contact Details

Tel:01422 386 501Email:CYP@Womencentre.org.uk.

#### Young Persons' Accommodation & Support Service

The Young Persons Accommodation & Support Service Floating Support Worker based in the Domestic Violence Support Team (DVST) provides housing and tenancy related support for young women aged 16-24.

#### <u>Contact Details</u> Tel: 01422 3865001 Email: sandra.ancliffe@calderdalewomen.org.uk

#### Independent Domestic Violence Advisor (IDVA)



An Independent Domestic Violence Advisor (IDVA) based the Domestic Violence Support Team supports victims of domestic violence through the criminal justice system.

Contact DetailsTel:01422 323 339Email:dvss@calderdalewomen.org.uk.

#### **Maze Project**

The Maze Project based in the Domestic Violence Support Team works with adults at risk of social exclusion where domestic violence is a key feature of the relationship.



<u>Contact Details</u> Tel: 01422 386 506

Email: maze@womencentre.org.uk

#### **Freedom Programme**

The Domestic Violence Support Team also run a 12 week programme for women who have experienced or are experiencing domestic abuse. The Freedom Programme is open to any woman who wishes to learn more about the reality of domestic violence and abuse. The aims are to help women recognise the tactics used by abusive men and also to understand the beliefs held by them and, in so doing, recognise which of these beliefs they have shared; to illustrate the effects of domestic violence on children and to assist women to recognise potential future abusers. It can help women gain self-esteem and the confidence to improve the quality of their lives. It also introduces women to community resources such as Women's Aid, the Police Domestic Violence Unit, The Rape and Sexual Abuse Centre, local Colleges etc.

#### **Contact Details**

Email:info@freedomprogramme.co.ukAddress: Freedom Programme, PO Box 41, KnightonLD7 9AF





### Doncaster Women's Aid

Doncaster Women's Aid (DWA) is working to end Domestic Violence against women and children. They aim to achieve this by:

- Providing safe temporary refuge accommodation for women and their children fleeing domestic violence.
- Empowering women to make informed choices about their, future, whether they choose to stay in or leave the abusive relationship through the provision of advice and support services.

Recognise and meet the needs of children affected by Domestic Violence Conduct research in the field of Domestic Violence.

Provide training to external agencies on specific issues in relation to Domestic Violence

To campaign for local and national improvements in service provision for women and their children subjected to Domestic Violence

The Advice Line acts as an immediate point of contact for women who are distressed and possibly need refuge accommodation, or who are living with domestic violence and need emotional support and an opportunity to discuss what is available for them, so they can make informed decisions about their life. Practical assistance can also be provided by Doncaster Women's Aid whenever possible i.e. escorts for attending solicitors, court hearings etc.

#### **Contact Details**

A confidential Advice Service is offered by either face to face appointments or over the telephone

### Advice Help Line 01302 326411

#### Email: mail@doncaster-womens-aid.co.uk

All services provided by Doncaster Women's Aid are free, confidential and carried out in accordance with their Equal Opportunities Policy.







### Elder Abuse

Action on Elder Abuse (AEA): is an specialist organisation which focuses exclusively on the issue of elder abuse, not as one

issue among many but as a single focus to their work. AEA was established in 1993 by a group of practitioners from health and social care, and by academics and representatives of the voluntary sector who were concerned about the lack of information and assistance for those who were abused or at risk of abusing. They address abuse within people's own homes (whether by family, friends or paid staff), within sheltered housing and within care homes and hospitals.

### **Contact Details:**

#### Tel: 020 8835 9280

#### Helpline: 080 8808 8141

this is a free and confidential number which will not appear on your telephone bill.

#### Email: enquiries@elderabuse.org.uk

### Address: PO Box 60001, Streatham SW16 9BY

**Age UK** aims to increase the range and quality of life-enhancing services and vital support available to people in later life. With their local partners, they deliver a range of services across the UK, providing expertise and resources for those influencing, designing, commissioning and delivering services for people in later life. Age UK

represented in the Yorkshire & Humber region by the North Hub Team, based in Leeds.

#### **Contact Details:**

Tel. 0113 244 1860 Office hours 9am – 5pm

Email: yorksandhumber@ageuk.org.uk

Web: http://www.ageconcernyorkshireandhumber.org.uk

Address: Floor 3, 7 Eastgate, Leeds LS2 7LY





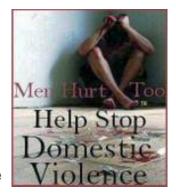
## Foundation Domestic Abuse Services, Scarborough

Foundation has two teams operating in Scarborough. Their Domestic Abuse Service works in close collaboration with the Police, Housing, Health, Social Services and other relevant agencies, offering an holistic approach for customers dealing with the effects of domestic abuse. They also support 94 customers offering a diverse range of innovative services for young people, ex-offenders and perpetrators of domestic abuse in the local area

### **Schemes**

#### Adult Offenders

We provide support to 34 ex-offenders in Scarborough offering intensive resettlement and accommodation for offenders who are assessed as being a greater risk to the community community. We work in partnership with the Probation Service providing offenders with the foundations to help them reduce their offending behaviour and the wider impact this has on the community. In partnership with the National Offender Manager Service we provide a housing adviser to work within the Probation Scarborough. This worker supports all Offender Managers and the ensures referrals are made to the most appropriate agencies.



Our wider North Yorkshire AIRS scheme also operates within the Scarborough team

We offer a multi agency initiative which works with perpetrators charged with domestic abuse, addressing tenancy issues and finding suitable accommodation away from the victims. Our housing support workers address behavioural beliefs as part of a structured support plan.

#### Young People



We offer accommodation based support to 16 years+ within the following housing schemes: Poplar Villa, Young People (at risk), Foyer and Belle Vue Terrace (Whitby). We have 2 units of accommodation which are allocated specifically to care leavers and single teenage parents.



#### **Homeless Prevention**

Foundation can offer 16-17 year olds who are homeless or under threat of homelessness a 2 week period of temporary accommodation whilst mediation between the young person and the parent/guardian takes place. Emphasis is placed on the young person returning home but if this is not appropriate the worker can help the young person to find suitable and affordable accommodation.



They also provide information to all year 10 and 11 students about the reality of homelessness and the value of mediation in preventing homelessness. Emphasis is placed on working with families for both long and short term solutions to keep the young person in the home. If the young person becomes homeless or threatened with homelessness an initial assessment will be carried out and the young person will be referred to the relevant agency. Whenever appropriate emphasis will be placed on the young person returning home

#### **Domestic Abuse Service**



Foundation offesr practical and emotional support to all victims of domestic abuse, regardless of their gender, and their children throughout Scarborough. Working in close collaboration with Police, Housing, Health, Social Services and other local agencies, offering an holistic approach to dealing with both the immediate impact and the long term effects of domestic abuse. With 10 places available through the refuge accommodation scheme, to both people in the local area and those fleeing from other parts of the UK presented secure dispersed housing and 50 units of support available to

people living in their own properties throughout the area. Their service contributes to a multi agency initiative in Scarborough that provides positive intervention to incidents of domestic abuse. The scheme offers support to both female and male victims and their families, with an emphasis on enabling the victims to remain in their own home in safety should they wish to do so.

#### **Contact Details**

Tel: 01723 365609

#### Email: scarboroughdas@foundationuk.org

#### Addresses:

Scarborough DAS Team 69a Manor Road Scarborough YO12 7RN

Foundation Scarborough Team 22 Victoria Road Scarborough North Yorkshire YO11 1SD.



### GrimsbyWomen's Aid



#### What help is available?

#### Police

If you are concerned for your own or someone else's immediate safety always ring the Police on 999. Alternatively ring the Police for a non-emergency on 101. The Domestic Abuse Team within the Police are on **01472 721225 or 01472 721224.** 

#### **Refuge Accommodation**

If you need emergency refuge accommodation, anytime call the telephone support line

#### **Outreach Workers**

Their Outreach Workers offer emotional support and a listening ear to those experiencing abuse - someone to talk to about your options, in confidence and face-toface in a safe location when the costs and benefits of leaving or staying with the partner can be discussed. More information is available on the website.



#### **Telephone Support**

Call them on **01472 575757** - for a chat. They are there to listen if that is all you need or they may be able to give you options and choices about things that are worrying you. Please make sure you are safe to make the call as phone calls may appear on bills or may be traced. You can reverse the charges (via the operator) if you don't have any money. They operate a 24-hour emergency helpline.

Web: http://www.womensaidnel.org/default.asp

#### **Email Support**

You can contact us via email - support@womensaidnel.org

#### **Domestic Violence 'Drop-In' Session**

Staff are available to offer confidential advice and support for ANYONE experiencing any form of Domestic Abuse. No appointments necessary. Tuesday - Victim Support, 10 Town Hall Street, Grimsby, 1-3pm. Thursday - Women's Centre, (Women only) 36 Brighowgate, Grimsby, 9.30-11.30am

#### Men experiencing domestic violence

Men who are experiencing domestic abuse can attend the local advice '**Drop In**' on a **Tuesday**, as shown above or they can receive support from one of our Outreach Support Workers on the telephone support number. 2pm - 5pm

Tel: 0808 801 0327 (free from landlines and most mobiles)

Email: info@mensadviceline.org.uk Web: www.mensadviceline.org.uk

#### Survivors

*Survivors* is a support and advice group for women who have experienced domestic abuse. The group meet every Friday at 9.30am. For more information ring Maria on 01472 2409 06



# Harrogate & District Women's Aid (IDAS)

### See page 27 for further details on IDAS

#### Harrogate & District Domestic Violence Forum

Influencing policy, disseminating information, promoting co-operation between agencies, offering help & advice

#### **Contact details**

- Tel: 01423 530078
- Email: c.bates@re-claim.net
- Address: Women's Refuge, Harrogate, PO Box 309



#### **Geographical area covered**

- Harrogate
- Knaresborough
- Boroughbridge
- Ripon
- Pateley Bridge

### Haven House Project, Sheffield



A registered charity which helps women and their families escape domestic abuse and rebuild their lives.



Haven House provides safe, temporary, emergency accommodation and support to women and children fleeing physical, emotional or sexual abuse. They help women and children move on and settle into their new homes.

They educate and inform the community about the realities and effects of domestic abuse.



They encourage women to determine their own future. Whatever decision a woman makes, Haven House aims to support her in that decision to help her regain control over her own life

They specialise in women with high needs - those with drug or alcohol problems, with a large families or teenage sons who can find it hard to find a refuge.

#### **Objectives**

- providing safe accommodation for women and children fleeing domestic abuse,
- supporting both women and children within the refuge and through our projects.
- providing specialist support and advice to women and their families who have experienced domestic abuse
- providing therapeutic play opportunities, activities and family-based work with the women and children together to support good relationships and communication within and between the families
- offering a short term resettlement service for women and children when families leave the refuge for a new home. We refer women who need continued support to other services

#### **Contact Details**

#### Tel: 0114 2739126

#### Office is open Monday - Friday 9-5

#### Web: http://havenhouseproject.org.uk

Haven House are always happy to answer any questions you may have in confidence and their workers have lots of experience and knowledge about domestic abuse.

### Hull Women's Aid

Hull Women's Aid is an independent charity providing support to women and children experiencing domestic abuse.





Hull Women's Aid was established in 1975 by a group of women that recognised the need to provide help and support in a secure environment for women and children who are victims and survivors of domestic abuse.

They offer safe accommodation, advice and support for women and children fleeing domestic abuse; floating support for women and children who have moved out of refuge accommodation and need ongoing support until

they can live safely and independently; outreach support for children and young people up to the age of 25.

### 1 in 4 women experience domestic abuse at some point in their lives. Children and young people are affected too.

You do not have to be in an emergency situation to contact Hull Women's Aid. If you contact them, they can offer:

- Someone to talk to in confidence
- A safe place to stay if that is what you want
- Information about your rights and options available(legal rights, protection, housing, benefits etc)
- Help with safety planning
- Information on other agencies

#### **Contact Details**

Tel:	01482 446099

Children's Services: 01482 474133

After hours referrals: 01482 788080

#### Web: http://www.hullwomensaid.org

#### Address: HWA, PO Box 557, Hull, HU5 2YB



### IDAS



IDAS is a charity that provides comprehensive support services to all those experiencing or affected by domestic abuse. They work throughout York, Harrogate and District, Hambleton, Richmondshire and Craven and have links with other specialist domestic abuse services throughout North Yorkshire.

IDAS were formerly York Women's Aid and decided to change their name to reflect the changing nature of the work they do. As well as expanding the geographical area of their work, they now provide support to male victims of abuse as well as women and in some areas are able to provide support to children and young people who are living in the community.

#### **Contact Details:**

Helpline:	03000 110 110			
York Refuge:	01904 646630			
York Outreach:	01904 646036			
Harrogate Refuge:	01423 530078			
Harrogate Outreach:	01423 858335			
Hambleton & Richmondshire				
Outreach:	01609 749123			
Craven Outreach:	01756 794400			
Registered Office:				
PO Box 487				
York YO26 0AS				
Tel. 01904 646 026 <i>(admin)</i>				

E: info@idas.org.uk

Web: http://www.idas.org.uk/index.asp





### Judith House, Barnsley

Judith House is a refuge for Women and Children suffering domestic abuse.

#### The aims of the service:

- To offer a complete safe housing service
- To support and empower women and children who are at risk of being subjected to domestic abuse.
- To assess the needs of women and children and develop a support package tailored to the family.
- To work with external agencies to offer the required support.
- To support families in positively settling back into the community

#### **Facilities and services**

- Refuge accommodation
- Refuge consists of 8 flats
- Dedicated Support Worker who will work with residents to assess their needs
- Support activities include counselling, befriending, and various activities, and talks from external agencies.
- Crèche and after schools facilities.
- Floating support service after move on.

#### Who they can help

Judith House accepts referrals from a range of agencies, for example police, social services, Women's aid/ Domestic Violence Groups, Health services.

#### **Criteria for applications:**

- Women and children suffering domestic abuse.
- Referral accepted for women and children or single women.
- We cannot accept male children over the age of 16 in the refuge.



#### **Contact Details**

Tel: 07721729591

#### Email: heather.brennan@riverside.org.uk

Web: http://www.riverside.org.uk/corporate/our\_services/ care\_and\_support/judith\_





### Keighley Women's Aid

Keighley Women's Aid provides emergency refuge accommodation for women and children fleeing domestic abuse.



They currently work in partnership with <u>Domestic</u> <u>Violence Services Keighley (DVSK)</u> to deliver the Bradford North and Airedale Violence against Women Hub of services. KWA provides the refuge services and DVSK provide the community based support services.

The addresses and locations of the refuges are a secret, and we do not allow women or children to have visitors so that the safety and security of the refuges are maintained. If any resident has disclosed the refuge address, they will be moved on to alternative accommodation as quickly as possible. All our staff have to provide two references and have an enhanced Criminal Record Bureau check to make sure that they are suitable to work with vulnerable women and children.

We have a bed space capacity of 10. This includes single women as well as families. We can offer a combination of self contained and shared units. We have 2 sites; House A has shared facilities and House B has self contained flats. Both refuges are furnished to provide clean, comfortable and homely environments and both are protected by CCTV cameras. The units all have digital TVs and are fully equipped with all furnishings and equipment.

We are not able to accommodate boys of 16 years or over. We provide a service that is safe and secure, non-judgemental and culturally sensitive for all women and children.

#### **Contact Details:**

#### Tel. 01535 210067 or 01535 667352

#### Web: http://www.keighleywomensaid.org.uk/

Please note that Keighley Women's Aid can't disclose the actual addresses of their Refuges to ensure residents are kept safe and secure but you can contact them using: Keighley Women's Aid, PO Box 46, Keighley, West Yorkshire, BD20 6UA





### Kirklees Asian and Black Women's Welfare (KABWWA)

Specialist services for women and their children from all BME (Black and Minority Ethnic) backgrounds who have experienced or are experiencing domestic violence. KABWWA provides a 24 hour confidential service to black and Asian women, with or without children, as well as white women with dual heritage children.



KABWWA offers temporary, emergency accommodation (refuge) as well as information and support, either over the phone or face to face for women who want to stay in their own homes where refuge is not appropriate.

KABWWA has multi-lingual refuge workers that offer Asian languages including Hindi, Urdu, Punjabi and Gujerati. Their staff team have skills and experience in meeting the specialist needs of Asian and black women.

#### **Contact Details**

#### Tel: 0800 0527222

#### Address: PO Box B68 Marsh, Huddersfield, HD1 4QW





# Kirklees Rape and Sexual Abuse Counselling Centre (KRASACC)



Working with male and female survivors of sexual and domestic abuse since 1989, KRASACC provides a free and confidential counselling service for survivors aged 16 and over who reside in Kirklees, with experience of recent and/or historic sexual and/or domestic abuse.

KRASACC provides a helpline support service for anyone aged 16 years or older, living in Kirklees. Calls are charged at standard local network rates, mobiles may be more.

They provide an Independent Sexual Violence Advisory (ISVA) service.

The organisation is a member of the British Association of Counselling and Psychotherapy (BACP) and abides by their code of ethics and practice.

They are members of the rape crisis and survivors trust, networking and partnering with organisations locally, regionally and nationally.

All their counsellors are qualified to at least Diploma level and have specialist training around sexual and domestic violence.

KRASACC provides free in-house training for volunteers wishing to work on their helpline

#### **Contact Details**



- Helpline: 01484 450040
- Email: anything@krasacc.co.uk
- Web: http://www.krasacc.co.uk
- Address: PO Box 230, Huddersfield HD1 1AA

# Leeds Domestic Violence Services (LDVS)

A consortium comprising Leeds Women's Aid, HALT, Behind Closed Doors and Leeds Housing Concern.

Refuge provision commissioned by the local authority will be provided by Stonham, the Care and Support Division of Home Group.

Leeds Domestic Violence Service works with women and men in Leeds, giving support, advice and advocacy around a range of issues and is run in partnership by the above Leeds based domestic violence specialist organisations.

#### What can LDVS offer you?

LDVC offers short and long-term interventions and support in a number of different ways and locations. Their services are split into specialist "teams" offering specific women's and men's services. All support is provided in your own home, over the telephone or at safe locations across the city.

#### 24 hour Helpline 0113 246 0401

LDVS jointly operates a 24 hour telephone support line with Stonham Homegroup. You can call the line at any time for emotional support, information on LDVS or other services, or ask for dedicated support. This service is run during office hours on week days, and is picked up by Stonham evenings and weekends.

#### **Outreach Team**



Their outreach workers will provide regular practical and emotional support on such issues as housing, benefits and budgeting, safety planning, health and social care an community engagement. We can liaise with agencies on your behalf to ensure that you receive specialist support in areas such as drug and alcohol dependency, mental health and children's education and wellbeing.

#### **IDVA Team (Independent Domestic**

#### **Violence Advocates)**

IDVA support focuses on providing legal advice and advocacy on a range of issues within the civil and criminal justice systems, as well as additional short term support for high risk victims. This can include advice on injunctions, children's matters and divorce, as well as support with the police or at court. IDVA's offer of short or long-term support is dependent on your needs.





#### **Resettlement Team**

Resettlement support can be offered to you if you are a women in temporary or emergency accommodation, and LDVS can help you to move into independent living and permanent housing. They can start working with you from the point you are offered permanent accommodation. Resettlement workers will support you to settle in to your new communities and successfully live independently.



#### **Contact Details**

#### The new number for accessing all Domestic Violence Services in Leeds is 0113 246 0401

This new number replaces all previous numbers for Women's Aid, Behind Closed Doors and HALT.



### Men's Advice Line

Confidential helpline for men experiencing domestic violence from a partner or expartner (or from other family members). The Men's Advice Line helps by: giving you time to tell your story; offering emotional support; providing practical advice; signposting you to other services for specialist help.

#### Our trained advisors help and advise:

Heterosexual male victims of domestic violence Gay and bi male victims of domestic violence Frontline workers

### **Contact Details:**

#### Freephone 0808 801 0327

(free from landlines and from mobiles using the O2, Orange, T Mobile, Three (3), Virgin, and Vodafone networks) Call us Monday - Friday 10am-1pm and 2pm -5pm

### Email: info@mensadviceline.org.uk

#### Web: http://www.mensadviceline.org.uk/mens\_advice.php

A voicemail service is available: we aim to return calls within two working days. We aim to reply to emails within two working days. We aim to speak to at least 50% of all callers attempting to access the Men's Advice Line every month.





# North Kirklees Women's Refuge

North Kirklees Women's Refuge provides safe accommodation for women and children experiencing domestic violence. The building comprises 10 private bedrooms, for both single women and women with up to four children (the maximum age of male children is 15) and shared facilities such as kitchens, bathrooms, lounge and play areas.

The project is staffed during office hours by a committed and experienced staff team, with an out of hours service available to residents and agencies.

They will accept self or agency referrals.

If the refuge does not have space available, or is not the right agency to help you with the issues you are facing, staff may be able to assist you to find refuge space in another area.



#### **Contact Details**

Refuge: 07985 887562

Opening hours Mon-Fri 5pm-9am, Sat-Sun 24 hr

Refuge: 01924 465238 Opening hours Mon-Fri 9am-5pm

#### Outreach, IDVA:

01484 353521 Opening hours Mon-Fri 9am-5pm

Address: PO Box 6 Dewsbury WF13 3TB



# Oasis BME Domestic Abuse Services, Bradford

Oasis offers safe, temporary, independent refuge-based and community-based accommodation for black /asian/ dual heritage women with children fleeing domestic violence/family abuse. It operates as part of Manningham Housing Association.

It has eight dispersed properties in the Bradford area and also has a refuge that accommodates up to eight families. It also offers floating support for families who wish to remain in their own homes. Oasis is the only project in Bradford that can cater for large families. There is a 24-hour staff presence every day at the main refuge, whilst assistance and support arrangements exist for residents in the dispersed scheme on a rota basis. The addresses are



confidential and security is reinforced through the use of controlled electronic access and CCTV. Residents and their children have maximum privacy in their self-contained flats with adequate bedrooms.

Oasis responds to black and Asian women and their children whose lives have been affected by violence and abuse within the home/family environment. This is done in an enabling and empowering manner so that the women can make informed choices and have access to relevant and appropriate services as required. Oasis is committed to culturally-sensitive services.

The services it provides include:

- Safe emergency temporary accommodation with support services for women with children, facing difficult, critical or life-threatening situations
- Resettlement support for residents, once they are ready to move-on into permanent independent housing
- Outreach support for women with children who choose not to leave their homes or have already left the abusive environment but did not come through the supported housing project, and are vulnerable or isolated and at risk.
- Support for children through play therapy and individual support.
- Support for those who remain in their home: Black and Asian women and children who choose not to or cannot leave the abusive environment are also entitled to support.

# **Contact Details**

Phone:	01274 634850
Email:	oasis@manninghamha.co.uk
Web:	http://www.manninghamhousing.co.uk

# Pennine Domestic Violence Group

Pennine Domestic Violence Group is a registered charity and Company limited by Guarantee, which provides a range of services for women who are experiencing or have experienced domestic violence.

#### What do we mean by domestic violence?

Domestic violence is emotional, physical or sexual abuse from someone whom you've had or are having a relationship with. This can be a husband, partner or a member of your family or family-in-law.

This includes as domestic violence, being pressurised into a marriage that you do not want. Pennine Domestic Violence Group recognises that domestic violence affects women from all backgrounds, ages, ethnic groups and sexualities.

#### What about my children?

Your children are welcome in the refuge. They have children's workers who understand the needs of children and will help them settle in, as well as help you get them into nuseries and schools.

Workers are trained and experienced in dealing with other issues such as health, legal matters, and any other specialist needs you or your children have.

### **Contact Details:**

# 24 HOUR FREEPHONE0800 052 7222Office Enquiries:01484 308307Email:admin@pdvg.co.ukWeb:http://www.pdvg.org



### Staying Safe in Kirklees

For all women living in their own homes in Kirklees who are experiencing, or have experienced, domestic violence.

Tel. 01484 304318

Email: stayingsafe@pdvg.co.uk

PO Box 452, Huddersfield HD4 7XX



# Pregnancy

One in four women experience domestic abuse or domestic violence at some point in their lives. This may be physical, sexual, emotional or psychological abuse. Thirty percent of this abuse starts in pregnancy, and existing abuse may get worse during pregnancy or after giving birth.

# **NHS Health Choices**

Domestic abuse during pregnancy puts you and your unborn child in danger. It increases the risk of miscarriage, infection, premature birth, and injury or death to the baby. Find out about recognising the signs of domestic abuse on the website below

#### Getting help

If you are pregnant and being abused, there is help. You can speak in confidence to:

- your GP
- midwife
- obstetrician
- health visitor
- social worker

Or you can call the confidential 24-hour National Domestic Violence Helpline on

# 0808 2000 247.

This helpline is free, and run in partnership between <u>Refuge</u> and <u>Women's Aid</u>. If you are in immediate danger, call 999.

# Web: http://www.nhs.uk/Conditions/pregnancy-and-baby/ pages/domestic-abuse-pregnant

# Women's Aid

Please contact Women's Aid for advice and support at:

# 24 Hour Freephone 0808 2000 247

# Web: http://www.womensaid.org.uk

# Refuge

#### What is a refuge?

A refuge is a safe house for women and children escaping domestic violence. The address is confidential and no men are allowed in the building. A refuge is a place where women can be sure they are safe, and where they can access emotional and practical support from staff who understand what they have been through.

Every woman in the refuge is escaping abuse, which means they can share their experiences and offer each other support.



We recognise that some women may wish to live in refuges sensitive to their cultural needs or preferences. Some of our refuges are specifically for women from particular ethnic or cultural backgrounds. If you would like to go to a refuge, but are nervous about what to expect, reading the stories of a few women who have contacted Refuge may help. Go to the website address below.

#### Who can go to a refuge?

Any woman who has experienced domestic violence – emotional or physical – can go to a refuge, with or without children.



More than just a roof over a woman's head . Women can arrive at a refuge in shock. They may have lived with abuse for months or years. They may have become isolated from family and friends. Staff in all of our refuges are there to support women practically and emotionally. They understand the trauma women have experienced and are there to listen. support.

#### Refuge workers can assist in many areas:

- Help in finding a safe new home
- Budgeting and welfare benefits
- Accessing health services
- Finding nurseries and schools
- Accessing local community and cultural services
- Gaining legal advice, including accompanying women to appointments and court
- Safety planning
- Training, education and employment

#### **Contact Details:**

#### Tel: 0808 2000 247

Freephone 24 hour National Domestic Violence Helpline (run in partnership between Women's Aid and Refuge) Web: http://refuge.org.uk

# Respect

Men and women working together to end domestic violence

Respect is a membership organisation. They develop, deliver and support effective services for:

- male and female perpetrators of domestic violence
- young people who use violence and abuse at home and in relationships
- men who are victims of domestic violence

#### Our services include:

Support, resources and training for members Managing accreditation of perpetrator programmes Developing work with young people Promoting knowledge of research about domestic violence and collaboration between researchers, practitioners and policy makers Influencing public policy and providing a national voice on men's violence against women Running the Respect Phoneline, a confidential helpline for domestic violence perpetrators. Running the Men's Advice Line, a confidential helpline offering support, information and practical advice to male victims of domestic violence.

# **Contact Details:**

#### They run two helplines

# The Respect Phoneline - freephone 0808 802 4040 - for domestic

violence perpetrators and professionals who would like further information about services for those using violence/abuse in their intimate partner relationships. www.respectphoneline.org.uk

and

# The Men's Advice Line - freephone 0808 801 0327 - for men

experiencing domestic violence www.mensadviceline.org.uk \_

# Rotherham Women's Refuge

Rotherham Women's Refuge (RWR) has been established since 1976 as a local charity. They provide a range of support services for women and children who have been affected by domestic violence and abuse. This includes:

- Safe temporary accommodation for up to 12 families
- Outreach support for up to 15 women
- One to one support
- Group work
- Advocacy
- Learning opportunities
- Emotional and practical support
- Peer support
- Drop in service
- Specialist support for children and young people
- Access to services



Rotherham Women's Refuge also raise awareness of domestic violence and the impact on women, children and young people. They hope that this will influence the development of local strategy, policy and services. They also do work which they hope will help to prevent domestic violence occurring from the start with children and young people, adults, communities and professionals.

At Rotherham Women's Refuge they will:

- Believe women and children's experiences of violence and abuse no evidence is needed
- Operate a policy of confidentiality to prioritise all women and children's safety
- Provide a non direct, non-judgemental service
- Actively challenge discrimination and promote equality of opportunity
- Treat all women and children as individuals ensuring that their needs are taken into consideration including religion, culture, disability, sexual orientation, gender, age, HIV status or race

They offer Accommodation based support as well as Outreach support and also have a dedicated children and Young People's support service.

### **Contact Details**

- Tel.0870 850 2247 for the accommodation service0844 225 4411 for all other services
- Email: enquiries@rothwr.co.uk

# Address: RWR PO Box 769, Rotherham S60 9JJ



# **RSPCA** PetRetreat Scheme

PetRetreat is the RSPCA's advice and pet fostering service for families fleeing domestic abuse.

Since its beginning in 2002, PetRetreat has provided a safe retreat for more than 850 pets, belonging to 600 families who have been victims of domestic abuse.

Through its network of animal fosterers, the service provides a retreat for pets belonging to families who are going into a refuge until such time as the owner has a new, safe place to live, when they can be reunited.

#### Silent victims

PetRetreat was established in collaboration with Women's Aid, an organisation that supports the victims of domestic abuse, who were concerned about the other silent sufferers - pets.

It's becoming more apparent that family pets are being used as a tool to manipulate and control victims of domestic abuse. Information suggests that one of the reasons that women are not leaving their abusive partners and retreating to the safety of a refuge is due to the fear of leaving their pets behind.

Pets are used as a way of controlling the victim either by threatening to harm the animals if they leave, or by actually hurting the animal in front of the victim.

#### Domestic abuse

Each year, thousands of men, women and children are affected by domestic abuse. This can be physical, emotional, psychological or sexual.

It is estimated that one in four women and one in six men will experience domestic violence at some point in their lives, and partners or ex-partners kill, on average, more than two women each week in the UK.



Living with domestic abuse is hard enough, but it can be made even more difficult if there is a much-loved family pet in the home.

This is where the RSPCA may be able to help you, your family and pet.

#### The first step - get in touch

The PetRetreat service may be able to arrange for foster carers to look after your pet if you are fleeing domestic abuse. Your pet will be given a good home until you are settled and ready to look after it again.

If you have a pet and feel ready to leave your home to go into a refuge, or are in a refuge and have left your pet behind, please contact the RSPCA PetRetreat service.

NB. Please be aware that because it can be unsettling for young or newly acquired animals to be moved around so much, we are only able to take cats and dogs who are over six months old and are established family pets.

The next step...

The PetRetreat leaflet - How we can help (PDF 246KB) explains what will happen once you have made contact with us. It also details other services that may be able to help.

Please be assured that all communication with us is confidential and that no one will ever be able to trace you through your pets.

### **Contact Details**

Tel. 0300 123 8278

Email: petretreat@rspca.org.uk

Web:http://www.rspca.org.uk/allaboutanimals/helpandadvice/ petretreat/help



# Same Sex Domestic Violence



West Yorkshire Police and partners are raising awareness around same sex domestic violence.

Over the last 12 months (to January 2013) there have been 400 reported incidents of same sex domestic violence in West Yorkshire; this is on average more than one victim per day.

Despite this the reporting of domestic violence remains low; and there is a real concern that same sex domestic violence is reported even less.

During the last year in West Yorkshire there were three same sex domestic murders. This is one more than the number of women who were murdered by their male partners or ex partners. In these cases, despite indications that there was a history of domestic violence, none were reported to police

This is why the police have teamed up with Broken Rainbow UK - the national Lesbian Gay Bisexual and Transgender Domestic Violence charity; Yorkshire Mesmac - the sexual health project; the Gay Police Association and Stonewall - the diversity champion to raise awareness.

The campaign called "Same Sex Domestic Violence, We Won't Turn Our Back" uses images of a man and a woman with injuries, bruises, cuts and foot prints on their backs.

The reasons for under reporting may include a fear of not being believed and that it will be dismissed by the police. It also appears that victims, particularly men won't admit that they are being abused as they are embarrassed.







The campaign aims to highlight what help is out there for victims and offenders as well as trying to bring down some of the barriers some victims may see.

### **Contact Details**

For help and advice please contact Broken Rainbow UK on 0300 999 5428 (LGBT) or West Yorkshire Police on their nonemergency number 08456 080808.

In an emergency or if there is an incident ongoing contact the police on 999.

# Same Sex Domestic Violence

# We won't turn our back

- Every day one person in West Yorkshire becomes a victim of same sex domestic violence
- Incidents are often not reported because people fear they won't be believed or that the police won't help
- West Yorkshire Police take all reports of domestic violence extremely seriously and don't want people to suffer in silence
- For more information, visit West Yorkshire Police website on www.westyorkshirepolice.uk



www.broken-rainbow.org.uk

# Sheffield Domestic Abuse Helpline

The Sheffield Domestic Abuse Helpline was launched in April 2010.

It is a single city-wide number for people who are:

- experiencing domestic abuse
- recovering from domestic abuse and needing support
- worried about family members or friends and want to find out more
- professionals, wanting information to support their clients

The Helpline staff are experienced domestic abuse workers, who will understand that it is hard to make sense of abuse and that you may be confused and upset about what is happening. They can listen to you and help you work out whether you need support and let you know what options are available. They will help you to make your own choices.

#### What is domestic abuse?

Domestic abuse is any abuse that happens in a family or personal relationship, where one person bullies or controls the other one. It is never ok and you don't have to put up with it. If you are being abused at home, you can call the Sheffield Helpline for advice and support or email them and they will reply.

#### Is this a confidential service?

What you tell them is confidential to the Sheffield Domestic Abuse Helpline Service and they will respect your need for safety. If there are urgent safety issues for you, another adult, or a child or young person, which require them to disclose information, they will try to keep you involved and informed of this as far as possible. If they help you to access another service, they will ask your permission to pass on information to them. In order to offer you the best service they can, they will keep a record of the conversation they have had with you in case you need to call them again.

You can also find out more about domestic abuse, your choices and Sheffield services on their website. If you are being abused, it is not your fault and you are not alone.

### **Contact Details**

### Tel: 0808 808 2241

#### Monday - Friday : 10am - 4pm Wednesday: 10am-7pm (not bank holidays)

The helpline offers:

- advice, support and safety for people experiencing domestic and sexual abuse
- a service to women, men, children, young people, practitioners and worried family members
- up-to-date access to services in Sheffield and available refuge spaces
- a Punjabi/Urdu speaker on Wednesdays 10-1pm

# **Domestic Abuse Outreach Service**

# Tel: 0114 241 2749

Sheffield DAP also has a city-wide outreach service (for women and men which offers:

- ongoing emotional support
- practical support around housing, benefits, legal services and schools
- safety planning
- help with children

#### **Other Sheffield Services**

You can also contact other services in Sheffield directly.

- ADAF: Domestic Abuse Floating Support Service: 0114 249 0222
- Domestic Abuse Outreach Service (DAOS): 0114 241 6021
- Homeless Services (SCC) 0114 273 5142/5406 Out of Hours: 0800 7311 689
- Independent Domestic Violence Advocacy Service (IDVAS): 0114 249 3920
- NSPCC Young People Centre 0114 228 9200
- Sanctuary Scheme: 0114 273 5335
- Sexual Assault Referral Centre for South Yorkshire (ISIS in Rotherham):01709 307327
- Sheffield Rape and Sexual Abuse Counselling Service: 0114 261 8990
- Sheffield Women's Aid: 0114 242 6887/ 272 5581
- Sheffield Women's Counselling and Therapy Service: 0114 275 1257
- Sheffield Working Women's Opportunities Project: 0114 275 2040
- VIDA Sheffield: 0114 275 0101
- Young Women's Housing Project:0114 268 0580
- Youth Offending Service: 0114 2435597 / 2835927



# Sheffield Women's Aid

Women's Aid is the national domestic violence charity that helps up to **250,000** women and children every year. They work to end violence against women and children, and support over **500** domestic and sexual violence services across the country. Find out about **their history**, **who they are**, and **what they believe** through the website : http://www.womensaid.org.uk/azrefuges.asp?ref=8208

Email: mail@sheffield-womens-aid.org.uk

#### **Emergency after hours assistance:**

Tel. 07802 407697 Opening hours: Mon-Fri 5pm-9am, Sat-Sun 24 hr

**Refuge and Advice Line** Tel. 0114 236 2581 Opening hours: Mon-Fri 9am-5pm

**General Office Line** 

Tel. 0114 236 6423 Opening Hours: Mon-Fri 9am-5pm



#### Refuge

Fax: 0114 275 8794 Opening Hours: Mon-Fri 9.30am – 4.30pm

# Shipley Women's Aid

Accommodation, practical and emotional support to women and children who are fleeing from domestic violence.

Shipley Women's Aid provides supported housing for women and children fleeing domestic violence in the form of a refuge.

SWA is staffed Monday-Friday 9:30-5:30 and accommodates women and children fleeing domestic violence. They offer support to all women including women fleeing same sex relationships.



Tel. 01274 530124

Email: shipleywomenaid@aol.com

Web: http://divabradford.org.uk/Organisation.aspx?ID=1688

Address: PO Box 84, Shipley BD18 2QE





# Staying Put - Bradford

#### Leave the abuse, not your home

The main aim of Bradford Staying Put is to enable women and children experiencing domestic abuse to remain safely in their own homes. They aim to achieve this through the provision of direct services to women and children resident within the Bradford district. Staying Put is a local domestic violence/abuse charity that helps up to **1200** women and children every year across the Bradford District.

They work to end violence against women and children. Through partnership with the Bradford's strategic Domestic Abuse Partnership (DAP) and the operational Bradford Violence Against Women's Forum (BVAWF), they assist to achieve the objectives of the Bradford Violence Against Women and Girls Strategy.

They keep **voices of survivors** at the heart of their work through the provision of appropriate services that ensure:

#### **Protection**

By influencing laws, policy and practice and working in partnership with key national and local agencies.

#### **Prevention**

Through raising public awareness and campaigns

#### **Provision**

By providing appropriate services needed to help survivors of domestic violence/abuse

Their primary aim is to empower women by providing them with the right information which enables them to make informed decisions. Their expertise in the field of domestic abuse has enabled them to be creative in developing flexible services that meet the diverse needs of vulnerable people experiencing domestic abuse in the Bradford district. Even though they support women who live in the Bradford District area, if you live outside this area don't worry we can put you in contact with another service which may be able to assist you.

A range of services are currently provided by Staying Put including Crisis Intervention support and assistance, Floating Support, culturally specific support, Independent Domestic Violence Advisors (IDVA), Legal Assistance and home security measures. They aim to enable the transition of women and children from violent situations to safe and independent living.

#### **Contact Details**

Tel.	01274 667104
Email:	enquiries@stayingput.uk.net
Web:	http://www.stayingput.uk.net
Address:	PO Box 449, Bradford, West Yorkshire, BD1 2XB



# Support After Rape & Sexual Violence (SARSVL)

SARSVL is a Rape Crisis Centre providing independent, non-judgmental, free and confidential support services to women and girls whose lives have been affected by sexual violence of any kind at any time. Their aims include raising awareness and understanding of sexual violence, challenging and changing public attitudes and reflecting the community they serve by encompassing the diversity of women and girls in Leeds.

SARSVL is there to support all women and girls who have been affected by rape or sexual violence, whatever their experiences.

# **Contact Details:**

### Tel: 0808 802 3344

The SARSVL Helpling is confidential and free of charge.

### Text: 07797 803211

Normal charges apply.

# Email: support@sarsvl.org.uk

This email address is for women seeking help and is completely confidential – other information is available on the website.

### Web: http://www.supportafterrapeleeds.org.uk

# Support After Rape & Sexual Violence Leeds

# PO Box 148, Leeds LS10 9DN

Opening times Mondays 6pm to 8pm Tuesdays 8pm to 11pm Wednesdays 6pm to 8pm Fridays 6pm to 8pm Sundays 2pm to 5pm



# Vida

Formerly Sheffield Domestic Abuse Forum, VIDA is an independent voluntary sector organisation. They deliver specialist domestic and sexual abuse services and training, and engage with partners to work towards an end to domestic abuse, and violence against women and girls. Their new name means 'life' in Spanish - a positive assertion of what their work is all about.

Vida is a Sheffield voluntary sector organisation offering specialist services and training to work towards their vision of life without domestic and sexual abuse. They work from a gender perspective as domestic and sexual abuse is overwhelmingly perpetrated by men, and targeted at women and girls, or happens disproprtionately to them. Men can also be affected by abuse, from male or female partners or other family members, and some of their services are available to male victims.

Vida has grown from a small group of committed individuals to a well established and respected organisation, involved in the wide range of initiatives described on their website.

### **Contact Details:**

Tel: 0114 275 0101

Address: Knowle House 4 Norfolk Park Road Sheffield S2 3QE

Email: admin@vidasheffield.org.uk

Web: www.vidasheffield.org.uk

# Helpline: 0808 808 2241

1 in 3 women on the planet will be raped or beaten in her lifetime. One billion women violated is an atrocity. One billion women rising is a revolution!





# West Yorkshire Police

West Yorkshire Police deal with four incidents of domestic abuse every hour. This can include:

Verbal arguments Threats Intimidation Harassment Assault Sexual Assault Injury Damage to Property

24 hour NATIONAL DOMESTIC VIOLENCE HELPLINE

0808 2000 247

West Yorkshire Police have a zero tolerance policy in respect of domestic abuse: they will arrest anyone who is alleged to have committed a criminal offence and will prosecute wherever possible and appropriate. Domestic abuse will not be tolerated and West Yorkshire Police treat all reports seriously and will do whatever they can to help prevent further incidents from occurring.

West Yorkshire Police have specially trained officers who can provide support and practical assistance to those who suffer domestic abuse, for example in making your home safer. They are located in 5 local district Safeguarding Units, whose contact details are below. West Yorkshire Police work in partnership with a wide variety of statutory and voluntary groups who can also provide help and support and, with your permission, they will put them in touch with you.

Any incidents of domestic abuse should be reported to the police by calling 101. In an emergency, always use 999.

# **Contact Details for Police Safeguarding Units:**

You can call these units to discuss any concerns or questions with one of the WY Police specialist staff:

Bradford	
b.dsu@westyorkshire.pnn.police.uk	01274 376166
Calderdale	
fa.safeguarding@westyorkshire.pnn.police.uk	01422 337041
Kirklees	
ea.safeguarding@westyorkshire.pnn.police.uk	01924 335073/72
Leeds	
leeds.safeguarding@westyorkshire.pnn.police.uk	0113 241 4180
Wakefield	
da.safeguarding@westyorkshire.pnn.police.uk	01924 293713



# White Ribbon Campaign

The White Ribbon Campaign (WRC) is the UK branch of the global campaign to ensure men take more responsibility for reducing the level of violence against women. It is unique as the first male oriented organisation to oppose violence against women.

Most men are not violent towards women, but many ignore the problem, or see it as something which doesn't have anything to do with them. Men need to join women and women's organisations in taking action to end the problem.

Take a stand against violence now and sign our personal pledge never to commit, condone or remain silent about men's violence against women.

Thousands of people around the world are making a commitment to play their part in standing up to condemn violence against women. Join the White Ribbon Campaign now by making a personal pledge to support the campaign. You can pledge your support by either by going on-line to the web link below, or you can now **Pledge by text** by texting **wrc** to **78866** 

White Ribbon Campaign can offer a wide range of resources, accessible through their website at http://www.whiteribboncampaign.co.uk/resources





# **Contact Details**

- Tel: 01422 886545
- Email: info@whiteribboncampaign.co.uk
- Web: http://www.whiteribboncampaign.co.uk
- Address: White Ribbon House 1 New Road Mytholmroyd HX7 5DZ



# Women's Aid

#### **Disabled Women**

Disabled women are twice as likely to experience domestic violence than non-disabled women. They are also likely to experience abuse over a longer period of time and to suffer more severe injuries as a result of the violence.

If you are disabled, your abuser may also be your carer, or your personal assistant and you may be reliant on him/her for personal care or mobility. You can be subject to physical, psychological, sexual or financial violence in any or all of the ways that non-disabled women are abused, but in addition you may experience the following forms of abusive behaviour:

- Your abuser may withhold care form you or undertake it neglectfully or abusively.
- Your abuser may remove mobility or sensory devices that you need for independence.
- Your abuser may be claiming state benefits in order to care for you enabling him to control your finances more effectively.
- Your abuser may use your disability to taunt or degrade you.

If you are experiencing domestic violence and you are disabled, you may find it harder to protect yourself or to access sources of help.

- You may be more physically vulnerable than a non-disabled woman.
- You may be less able to remove yourself from an abusive situation.
- You may be socially isolated both because of your disability and as a result of your abuser's control of your social relationships.
- You may find it harder to disclose abuse because you have no opportunity to see health or social care professionals without your abuser being present.

If you are disabled, you may have particular concerns about moving out of your home. It may have been specially adapted for you, or perhaps a care package has been organised and you are worried that you will lose your current level of independence if you are forced to move elsewhere. You may be reluctant to report domestic violence from a partner whose care you depend on, and which you believe enables you to stay out of institutional care.

### Seeking help

As a disabled woman, you may be regarded as a "vulnerable adult" and, in this case, the multi-agencies Policies and Procedures for the safeguarding and protection of vulnerable adults will apply. All areas have had to develop these Policies and Procedures following on from the publication of the Government's No Secrets guidance.

The criteria for being defined as a "vulnerable adult" vary from area to area, but if you do fit the criteria set in your area, then all agencies (both statutory and voluntary) have to follow these procedures. For further information, see the Department of Health's website

A number of domestic violence organisations now do provide for a range of disabilities. Many have outreach services or independent advocacy services which can help you. Many refuges now have full wheelchair access and workers who can assist women and children who have special needs such as hearing or visual impairments, and some Women's Aid organisations offer BSL interpreters. For more information, contact the Freephone 24 Hour National Domestic Violence Helpline, run in partnership with Women's Aid and Refuge.

## **Contact Details:**

### 24 Hour Freephone 0808 2000 247

### Web: http://www.womensaid.org.uk

#### **Further Information**

For a list of further organisations who can help those with disabilities who are also suffering the abuse of domestic violence, please see page





# Young Women's Housing Project

Young Womens Housing Project is a registered charity that provides safe, supportive accommodation for young women aged between 16 and 25 years who are survivors of sexual abuse or violence. YWHP also provides a floating support service for young women who live in their own accommodation.

Women who are pregnant and/or with dependent children may also be referred. There is a core house with 4 beds, 5 single person furnished flats (one of which is adapted for disabled access), 2 furnished maisonettes and 2 houses for women with children. There are also therapeutic activities and workshops, allotment sessions and a parents group. YWHP continues to provide support for women after they have moved on.

Referrals can be made by the young women themselves, a worker or a friend.

## **Contact Details:**

Tel. 0114 268 0580

Days and Times: Monday-Friday 9am – 5pm

# Email: ywhp@ywhp.org.uk

# Address: PO Box 303, Pond Street, Sheffield S1 1YD





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Yorkshire & the Humber TUC



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