

The TUC Stress MoT - Organisation survey

TUC Stress MOT

Work-related stress

Write 'Pass' against questions where you are able to answer 'yes' and 'Fail' against questions where the answer is 'no'. Where you do not know the answer (do try hard to find out!) leave the question blank.

	Pass	Fail
1. Does your employer collect details of stress-related sickness absence?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is the overall sickness absence rate in the organisation below the national average of 9.3 days a year per employee?	<input type="checkbox"/>	<input type="checkbox"/>
3. If someone took sick leave for stress-related reasons, would your employer attempt to identify whether the stress was work-related?	<input type="checkbox"/>	<input type="checkbox"/>
4. Does your employer have a policy for dealing with workplace stress?	<input type="checkbox"/>	<input type="checkbox"/>
5. Does your employer's policy on workplace stress cover health and safety, equality and human resources issues?	<input type="checkbox"/>	<input type="checkbox"/>
6. Were safety reps or the union consulted in the development of your organisation's stress policy?	<input type="checkbox"/>	<input type="checkbox"/>
7. Are audits or risk assessments carried out for workplace stress?	<input type="checkbox"/>	<input type="checkbox"/>
8. Are safety reps involved in stress risk assessments?	<input type="checkbox"/>	<input type="checkbox"/>
9. Does your employer have/provide copies of HSE guidance on preventing work-related stress?	<input type="checkbox"/>	<input type="checkbox"/>
10. Are managers given training on managing workplace stress?	<input type="checkbox"/>	<input type="checkbox"/>
11. Are staff given information on workplace stress?	<input type="checkbox"/>	<input type="checkbox"/>
12. Are staff generally confident that they can report suffering from stress, or give stress as the reason for sickness absence, without fear of discipline?	<input type="checkbox"/>	<input type="checkbox"/>

13. Do/would managers act in a sympathetic way to people suffering from workplace stress?

14. Are confidential counselling or similar services available for workers suffering from workplace stress?

15. Would your employer be prepared to alter working conditions or practices (such as hours, workload or specific tasks) to help someone suffering from stress?

Details of scoring are set out in the accompanying briefing.