



# UNIONS ARE FIGHTING TO STAMP OUT ZERO-HOURS CONTRACTS

Over half of zero-hours contract workers have had a shift cancelled at less than a day's notice. And they can miss out on basic rights like sick pay.

**We think these contracts are unfair and should be banned.**

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# A zero-hours contract is one that gives you no guaranteed minimum number of hours each week.

So they make your work unpredictable – one week you could be doing 30 hours, the next just three. Everything is at the whim of your employer. How do you budget for your mortgage or rent, or arrange childcare?

## That's why unions are fighting to stamp out these contracts.

### Last year unions won:

- › the right for waiting staff to keep their tips
- › better pay for workers at McDonald's
- › new rights for Ryanair pilots and cabin crew
- › and many more improvements to workers' lives.

### What you can do to get involved

- › Send a message to your MP asking them to "pledge to ban zero-hours contracts". You can find your local MP here [parliament.uk/get-involved/contact-your-mp](https://parliament.uk/get-involved/contact-your-mp)
- › Sign this online petition calling for a ban on zero-hours contracts [megaphone.org.uk/p/zerohours](https://megaphone.org.uk/p/zerohours)
- › Join a union at [tuc.org.uk/join-union](https://tuc.org.uk/join-union)



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