**Workshop descriptions**

*Most workshops will run once, either AM or PM. There is one workshop running both AM and PM – as indicated below. Reps can attend choose to attend one workshop in the AM and one in the PM.*

1. **Enforcing safety reps’ rights (AM)**

*With Darren Thelwell (TUC Cymru tutor)* **Room: The Chairman’s Suite, 2nd floor**

This interactive session will give health and safety reps an opportunity to discuss problems and share good practice in enforcing safety reps rights within their own workplaces. It will provide a detailed refresher of the Brown Book SRSC regulations and the rights and functions of safety reps that flow from these. It will also touch on inspections and GDPR and your rights to access information.

1. **Women’s health and safety (AM)**

*With Janet Newsham (Hazards), Linda Butler (TUC Cymru tutor) and Rhianydd Williams (TUC Cymru)* **Room: Main conference room, 4th floor (Premier Suite)**

Traditionally, research and developments in health and safety regulation, policy and risk management have been primarily based on work traditionally done by men, while women’s occupational injuries and illnesses have often been largely ignored.

Recently issues such as the menopause, menstrual health and sexual harassment have started to receive more attention but there is still much more work to be done to ensure these are given proper consideration in workplace health and safety. This interactive workshop will look at key issues in women’s health and safety and will also consider what we can do to get more women active as health and safety reps.

1. **Climate change related risks to workers’ health and safety - including extreme weather, heat, air quality and climate adaptation (AM)**

*With Graham Petersen (TUCAN/Greener Jobs Alliance) and Jo Rees (TUC Cymru)*

**Room: Captain’s Lounge, 2nd floor**

This workshop will look at how climate change and health and safety overlap and will consider some of the key workplace health and safety risks from rising temperatures, storms, flooding and other extreme weather. It will also consider the impact of climate related concerns such as air pollution and risks from new pests and diseases and the impacts on workers.

We’ll discuss climate adaptation policies and examples of effective action to protect workers from climate related risks. It will help you to start developing an action plan to engage members and support action in workplaces and communities.

1. **Work related stress – from resilience to resistance (AM and PM)**

*With Roy McCabe (TUC Cymru tutor) and Shelly Asquith, TUC Health, Safety and Wellbeing Officer*

**AM room: Fred Keenor Suite, 2nd floor**

**PM room: Main conference room, 4th floor (Premier Suite)**

Stress is one of the main causes of work-related ill health and is often cited as the top workplace health and safety concern by safety reps. Unfortunately, many employers prefer to focus on the worker rather than the problem. They will try to train workers how to deal with stress rather than remove or reduce it.

Resilience is often used to imply that an individual needs to toughen up and simply withstand stress better. Trade unions believe employers must recognise that stress is often a result of work itself, requiring a change to work structures, rather than a shift in the behaviours and attitudes of individuals. This workshop will provide an introduction to the issues and explore what safety reps can do to help bring about change. It will include information about training available to support you in developing an action plan for your workplace.

1. **Inspections 101 (PM)**

*With Linda Butler (TUC Cymru tutor) and Luke Collins (Unite National Health and Safety Officer)*

**Room: The Chairman’s Suite, 2nd floor**

This interactive workshop will focus on workplace inspections and will offer a refresher on key safety rep rights on inspections, as set out in the Health and Safety at Work Act and the SRSC regulations. There’ll be an opportunity to explore best practice, share what is happening in your workplace and discuss challenges and strategies for overcoming them.

1. **Over-exposed – protecting workers from toxic chemicals (PM)**

*With Janet Newsham (Hazards Campaign) and Dan Shears (GMB Health, Safety and Environmental Director) or Darren Thelwell (TUC Cymru tutor) TBC*

**Room: Captain’s Lounge, 2nd floor**

Workers are the 'canaries in the coal mine' when it comes to exposure to toxic chemicals. There are more than 100,000 chemicals in use but only a tiny fraction of these have been tested for safety. Many of these chemicals are known harmful to health. Although we have the Control of Substances Hazardous to Health regulations there is very little enforcement. And, even where legal limits to levels of exposure exist, these are still not necessarily safe.

Join this workshop to share what is happening in your workplace, find out what you can do to protect members from chemical exposure and available resources to map out workplace chemical exposure and support workplace action.

1. **Personal injury (PM)**

*With David Coulthard (Thompsons Solicitors)*

**Room: Fred Keenor Suite, 2nd floor.**

This workshop will explore your role in supporting members affected by personal injury. It will look at what’s involved in pursuing a personal injury claim and consider some key personal injury cases. It will also cover:

* An introduction to Thompsons Solicitors
* Summary of Legal Rights of Safety Representatives
* How you can assist your members as a H&S Rep and top tips
* The HSE and why your role is vital