
Attention: news and planning desks, industrial, health, social affairs and political correspondents, health and safety, HR press

Five pages

Find out where your job falls in the TUC's unpaid overtime league

To mark tomorrow's (Friday's) 'Work Your Proper Hours Day' the TUC has published a league table showing which groups of workers do the longest unpaid overtime, and the day when they stop working for free and start being paid during 2004.

Telephonists who do unpaid overtime started to earn on January 19, while top civil servants will have to wait until March 27 as they do the longest unpaid overtime. Many groups including care home managers, (February 27) journalists (February 28), accountants and accounts staff (February 29) start to get paid in the next few days.

The TUC has designated Friday February 27 'Work Your Proper Hours Day' as it is the day of the year when the average person who does unpaid overtime stops working for free, and starts getting paid. Over five million people at work in the UK do unpaid overtime, giving employers £23 billion of free work every year.

The TUC is calling on people who do unpaid overtime on 'Work Your Proper Hours Day' to exercise their right to work no more than their contracted hours, and remind their boss just how much modern workplaces depend on their unpaid overtime. The Day is part of the TUC's 'It's about time' campaign against Britain's long hours culture and for a better work/life balance.

People can work out the day on which they start to get paid, and how much their overtime is worth at the TUC's world of work website <http://www.worksmart.org.uk>

TUC General Secretary **Brendan Barber** said: "We're not calling on Britain to turn into a nation of clock-watchers, but too many of Britain's bosses who depend on the unpaid overtime of their staff take it for granted and never show their appreciation. That's why we're saying that for one day a year people should work their proper hours. They should come in when they should, take their proper lunch break and leave when they are meant to, preferably on their way to somewhere where their boss will buy them a coffee or a cocktail."

The full calendar

| date when group starts to get paid | official occupational group | typical jobs where official title is not self-explanatory | average hours of overtime worked by those who do unpaid overtime by occupation |
|------------------------------------|---|---|--|
| 27-Mar | 111 Corporate Managers & Senior Officials | senior civil servants and local government officers, directors and CEOs | 12.5 |
| 24-Mar | 231 Teaching Professionals | including schools, colleges and universities | 12 |
| 19-Mar | 121 Managers in Farming Horticulture Forestry etc | | 11.1 |
| 11-Mar | 221 Health Professionals | doctors, dentists, vets, pharmacists etc | 9.7 |
| 9-Mar | 112 Production Managers | managers in production, construction, mining, energy, works and maintenance | 9.3 |
| 9-Mar | 113 Functional Managers | managers in finance, marketing, sales, purchasing, advertising, PR, IT, R&D | 9.3 |
| 7-Mar | 541 Skilled Textiles and Garment Trades | including tailors, dressmakers, weavers, upholsterers | 9 |
| 4-Mar | 117 Protective Service Officers | Officers in armed services, inspectors and above or equivalent in police and fire, ambulance, prisons | 8.6 |
| 2-Mar | 115 Financial Institution and Office Managers | | 8.3 |
| 2-Mar | 241 Legal Professionals | solicitors, barristers and judges | 8.2 |
| 1-Mar | 116 Managers in Distribution, Storage and Retail | store, warehouse, transport managers | 8.1 |
| 29-Feb | 242 Business & Statistical Professionals | accountants, economists, actuaries and management consultants | 7.9 |
| 29-Feb | 243 Architects, Town Planners Surveyors | | 7.9 |
| 28-Feb | 114 Quality and Customer Care Managers | quality assurance managers | 7.7 |
| 28-Feb | 343 Media Associate Professionals | journalists and broadcasting, pr officers and photographers | 7.7 |
| 28-Feb | 353 Business & Finance Assoc Professionals | including finance and accounts staff, | 7.8 |
| 27-Feb | 118 Health and Social Services Managers | including pharmacy, residential and day care | 7.6 |
| 27-Feb | 122 Managers in Hospitality and Leisure | including travel agency, conference and exhibition managers | 7.6 |
| 26-Feb | 123 Managers in Other Service Industries | including garage managers, hairdressing, recycling and refuse | 7.4 |
| 25-Feb | 531 Skilled Construction Trades | including plumbers, carpenters, brick layers etc | 7.3 |
| 23-Feb | 352 Legal Associate Professionals | | 7 |

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| 22-Feb | 212 Engineering Professionals | including civil, mechanical, electronics, chemical, design and quality control engineers | 6.9 |
| 22-Feb | 213 Info & Communication Technology | all IT professionals | 6.8 |
| 22-Feb | 351 Transport Associate Professionals | including air traffic controllers, pilots, ships officers, train drivers | 6.9 |
| 22-Feb | 354 Sales & Related Assoc Professionals | including estate agents, sales and marketing staff | 6.8 |
| 22-Feb | 511 Skilled Agricultural Trades | farmers, horticultural, gardeners | 6.8 |
| 22-Feb | 822 Mobile Machine Drivers & Operatives | crane, forklift and agricultural machinery operatives | 6.8 |
| 21-Feb | 312 Draughtspersons & Building Inspectors | including town planning technicians | 6.7 |
| 21-Feb | 629 Personal Services Occupations other | including undertakers and pest controllers | 6.7 |
| 20-Feb | 232 Research Professionals | science, social science and other research jobs | 6.5 |
| 20-Feb | 712 Sales Related Occupations | including debt and rent collectors, market traders | 6.5 |
| 18-Feb | 924 Elementary Security Occupations | security guards, traffic wardens, car park attendants | 6.3 |
| 16-Feb | 522 Skilled Metal Machining, Fitting, and instrument making | | 5.9 |
| 16-Feb | 813 Assemblers and Routine Operatives | including factory workers | 5.9 |
| 14-Feb | 244 Public Service Professionals | including social workers, probation officers, clergy and admin professionals | 5.7 |
| 14-Feb | 356 Public Service and Other Associate Professional | including specialist civil servants and town hall staff such as environmental health officers; and personnel staff | 5.7 |
| 13-Feb | 313 IT Service Delivery Occupations | including IT operations technicians and user support technicians | 5.5 |
| 13-Feb | 342 Design Associate Professionals | graphic, product and clothes designers | 5.6 |
| 13-Feb | 344 Sports and Fitness Occupations | including professional sports, coaches, fitness instructors | 5.5 |
| 13-Feb | 355 Conservation Associate Professionals | including countryside and park rangers | 5.6 |
| 13-Feb | 523 Skilled Vehicle Trades | | 5.5 |
| 12-Feb | 821 Transport Drivers and Operatives | including merchant navy | 5.4 |
| 11-Feb | 323 Social Welfare Assoc Professionals | youth and community workers and housing officers | 5.2 |
| 11-Feb | 341 Artistic and Literary Occupations | artists, writers, dancers, musicians, arts officers, producers and directors | 5.2 |
| 11-Feb | 812 Plant and Machine Operatives | including quarry, miners, power and water, paper, timber | 5.2 |
| 10-Feb | 211 Science Professionals | including chemists, biologists, physicists, geologists and meteorologists | 5.1 |
| 10-Feb | 311 Science and Engineering Technicians | including lab, electrical, electronics and building technicians | 5.1 |

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| 8-Feb | 331 Protective Service Occupations | NCOs and other ranks, Sergeants and below (or equivalent) in police, fire and prison service | 4.8 |
| 8-Feb | 543 Skilled Food Preparation Trades | including butchers, bakers, cooks | 4.9 |
| 8-Feb | 814 Construction Operatives | semiskilled construction workers | 4.8 |
| 7-Feb | 811 Process Operatives | including food and drink, glass, ceramics, textile, chemical process operatives | 4.7 |
| 7-Feb | 914 Elementary Goods Storage Occupations | dockers and warehouse workers | 4.7 |
| 6-Feb | 245 Librarians and Related Professionals | including archivists and curators | 4.6 |
| 6-Feb | 413 Administrative Occupations: Records | filing, pensions, insurance, stock control clerks, database, library assistants, market research interviewers | 4.5 |
| 6-Feb | 524 Skilled Electrical Trades | | 4.6 |
| 6-Feb | 621 Leisure & Travel Service Occupations | including travel agents, sports and leisure assistants, tour guides | 4.6 |
| 5-Feb | 411 Administrative: Government & Related | civil service executive and admin grades, and other public service and voluntary equivalents | 4.4 |
| 4-Feb | 549 Skilled Trades other | including craft woodworkers, musical instrument makers, florists, jewellers | 4.3 |
| 4-Feb | 612 Childcare & Related Personal Services | nursery nurses, classroom assistants | 4.3 |
| 3-Feb | 412 Administrative Occupations: Finance | accounts clerks and similar | 4.1 |
| 3-Feb | 521 Skilled Metal Forming Welding and Related trades | | 4.1 |
| 3-Feb | 623 Housekeeping Occupations | including caretakers | 4.2 |
| 3-Feb | 913 Elementary Process Plant Occupations | unskilled factory work, industrial cleaning, machine minders | 4.2 |
| 31-Jan | 415 Administrative Occupations: General | | 3.8 |
| 31-Jan | 921 Elementary Administration Occupations | including postal workers, messengers couriers and office staff | 3.8 |
| 30-Jan | 321 Health Associate Professionals | nurses, midwives, paramedics, radiographers, chiropodists, opticians, medical and dental technicians | 3.7 |
| 30-Jan | 421 Secretarial and Related Occupations | including personal, medical, legal secretaries, typists etc | 3.7 |
| 30-Jan | 721 Customer Service Occupations | including call centre agents | 3.7 |
| 29-Jan | 923 Elementary Cleaning Occupations | window cleaners, road sweepers, cleaners. refuse collectors | 3.5 |
| 28-Jan | 912 Elementary Construction Occupations | building labourers | 3.4 |
| 28-Jan | 922 Elementary Personal Service Occupations | hospital hotel porters, kitchen assistants, bar staff | 3.4 |
| 27-Jan | 322 Therapists | including physios, occupational and speech therapists | 3.3 |
| 27-Jan | 532 Skilled Building Trades | including plasterers, painters and | 3.2 |

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| | | decorators | |
| 27-Jan | 611 Healthcare & Related Personal Services | nursing auxiliaries, care assistants etc | 3.2 |
| 27-Jan | 622 Hairdressers and Related Occupations | including beauticians | 3.3 |
| 26-Jan | 542 Skilled Printing Trades | | 3.1 |
| 26-Jan | 711 Sales Assistants and Retail Cashiers | including telesales | 3.1 |
| 23-Jan | 911 Elementary Agricultural Occupations | farm labourers | 2.8 |
| 22-Jan | 613 Animal Care Services | veterinary nurses | 2.6 |
| 19-Jan | 414 Administrative: Communications | telephonists, switchboard | 2.2 |
| 19-Jan | 925 Elementary Sales Occupations | shelf fillers | 2.2 |

The table is drawn from data on unpaid overtime in the September 2003 Labour Force Survey. It shows the mean hours overtime worked by those in each occupational group who do more than one hour unpaid overtime a week. The day in the year when those who do unpaid overtime start to get paid is calculated by assuming a standard working week of 40 hours.

Notes to Editors:

- All TUC press releases can be found at www.tuc.org.uk
- Register for the TUC's **press extranet**: a service exclusive to journalists wanting to access pre-embargo releases and reports from the TUC. Visit www.tuc.org.uk/pressextranet
- A series of **TUC rights leaflets** are available on our website and from the *know your rights line* 0870 600 4 882. Lines are open every day from 9am-9pm. Calls are charged at the national rate.

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